



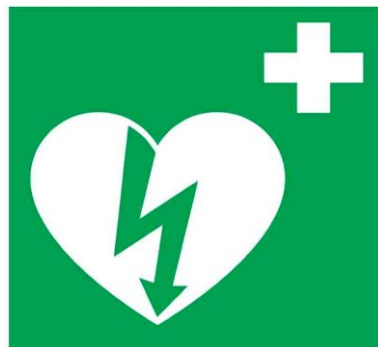
North East Ambulance Service



NHS Foundation Trust

COULD YOU SAVE A LIFE?

Sudden cardiac arrest can strike anyone,
anytime, anywhere.....



Effective CPR AND the use of an automated
external defibrillator will increase the chance of
surviving a cardiac arrest

Come and learn how to carry out effective CPR and
use **your** local defibrillator:



Date: Wednesday 31st January 2018

Time: 6.30 pm to 8.30 pm

Venue: Ingleby Barwick Community Hall, Haresfield Way,
TS17 0YL - opposite the Beckfields public house & shops

Booking essential as spaces are limited.

To book, please contact Ingleby Barwick Town Council.

Email: town.clerk@inglebybarwicktowncouncil.org.uk

Tel: 01642 308665